



# Paper Weight Conversion Table

Bond	Offset/ Text	Cover	Tag	Index	Points	Caliper (Inches)	Milli- meters	Grams (GSM)
16	40	22	37	33	3.2	0.0032	0.081	60.2
18	45	24	41	37	3.6	0.0036	0.092	67.72
20	50	28	46	42	3.8	0.0038	0.097	75.2
24	60	33	56	50	4.8	0.0048	0.12	90.3
28	70	39	64	58	5.8	0.0058	0.147	105.35
29	73	40	62	60	6	0.006	0.152	109.11
31	81	45	73	66	6.1	0.0061	0.155	116.63
35	90	48	80	74	6.2	0.0062	0.157	131.68
36	90	50	82	75	6.8	0.0068	0.173	135.45
39	100	54	90	81	7.2	0.0072	0.183	146.73
40	100	56	93	83	7.3	0.0073	0.185	150.5
43	110	60	100	90	7.4	0.0074	0.188	161.78
44	110	61	102	92	7.6	0.0076	0.193	165.55
47	120	65	108	97	8	0.0078	0.198	176.83
53	135	74	122	110	9	0.0085	0.216	199.41
54	137	75	125	113	9	0.009	0.229	203.17
58	146	80	134	120	9.5	0.0092	0.234	218.22
65	165	90	150	135	10	0.0095	0.241	244.56
67	170	93	156	140	10.5	0.01	0.25	252.08
72	183	100	166	150	11	0.011	0.289	270.9
76	192	105	175	158	13	0.013	0.33	285.95
82	208	114	189	170	14	0.014	0.356	308.52
87	220	120	200	180	15	0.015	0.38	312
105	267	146	244	220	18	0.0175	0.445	385.06

\*The values in the table are only intended to serve as a guide. These values should not be used as exact specifications because there are variances within the same basis weight due to other characteristics of the papers. Similar weight papers may vary between different paper manufacturers.